

# RR-HR-75-03 Half Rack With Dual Pulley



**Dimensions** 1961×1860×2398 mm

**Net Weight** 239 kg

**Weight Stack** 200kg(2×100 kg)

**Max Load** 300 kg (2×150 kg)

**Frame Material** F75×3.0, φ32×3.0-LHG

**Color** Standard Black 2852

**Hole Diameter** φ26 mm

**Hole Spacing** 50 mm

**Pull-up Handle** φ32×3.0 mm

Carbon Steel Diamond Knurled, Painted

**Pulley Ratio** 1:2

**Cable Travel** 2800 mm

**Cable Load** 900 kg

**Pulley Material** Nylon

**Guide Rod Diameter** φ19 mm

**Min Weight** 5 kg (per plate)

**Mounting Bolt** M24 External Hex Head

Zinc-Plated Finish

**Adjustability** 31 levels

**Function Description** Advanced half rack with cable crossover pull-up bar, safety arms, J-hooks, plate storage, landmine